

Aging with Confidence

Psalm 62

Our reactions to the aging process:

- Fear it
- Fight it
- Deny it
- Emote it
- Accept it

The aging process is a normal part of life. (Eccl 12:1-7)

Six steps to help you age with confidence:

- Continue to spend time with God. (vv. 1, 5)
- Continue to cling to the "rock of your salvation". (vv. 2, 6, 89:26)
- Don't allow people to take advantage of you. (vv. 3-4)
 - Don't allow pride, pity, fear, or naivete keep you from asking pertinent questions.
 - Don't allow the world to define you. (v. 9, Prov. 16:31, 20:29)
 - Invest your time mentoring the young. (Titus 2:2-8)
- Continue to trust the Lord for your victory. (vv. 7-8)
- Continue to handle your money and possessions with integrity. (v. 10, 1 Tim. 6:10, 17)
- Continue working for your heavenly rewards. (vv. 11-12)

Points to Ponder:

- Time goes by faster the older you get, so don't put things off!
- People and culture will define you, don't let their opinions trump God's definition!
- The world will tempt you to compromise God's standards, don't give in!
- Living for God does not have an expiration date, so don't let your age stop you from ministry!